

Care Providers and Birthplaces

A Resource List for Los Alamos Families

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Updated 5 February 2020.

About This Resource List

This resource list was created to provide a comprehensive resource to inform families in Los Alamos County, New Mexico of their birth options for care provider and birthplace. Those in surrounding communities may find this guide useful as well. Providers are included in this guide if their practice includes a provider offering full (prenatal, delivery, postpartum) maternity care.

Points to Keep in Mind

- Resources included within generally represent those in **Los Alamos, Española, and Santa Fe**. There are some Albuquerque providers and facilities provided in this list, but otherwise listings for the Albuquerque area are not comprehensive here.
- This list **may be incomplete or inaccurate** as changes occur and information comes to the compiler's knowledge.
- Providers listed within are **primary care providers** for the childbearing year, **including well woman/well person care**. Maternal Fetal Medicine practitioners are not listed.
- Providers listed within **may provide pre-conception care**, but fertility or infertility specialists are not otherwise represented in this list.

Compilation and Use Notes

This resource list was compiled as a free community service by Karen Brown, a professional doula for Sanguine Journey, LLC in Los Alamos, New Mexico. Karen can be contacted at sanguinejourney@gmail.com or 505-412-9195.

Resources within are listed free of charge to the individuals or groups they represent. ***A listing in this guide does not constitute an endorsement of any practice or a referral*** by Sanguine Journey, LLC or Karen Brown, ***nor does it constitute endorsement of Sanguine Journey, LLC*** by any listed providers. Always interview and research all of the options you are interested in to make the best informed decision for your family and yourself.

Permission to Share

You are hereby granted permission to distribute and share this resource list in full as long as you do not sell it or alter it. Thank you!

If you have a suggestion for an addition or update to this list: please contact Karen Brown at sanguinejourney@gmail.com or 505-412-9195.



Midwifery and Obstetrical Care Providers

Midwives, Obstetricians, and Family Medicine physicians are the licensed professionals typically providing primary care for expectant and birthing families in New Mexico. **Providers are listed below by location then alphabetically by practice name, not by practitioner type.** Acronym definitions for certifications are found in the “Acronym Glossary”. Resources to research some different provider types can be found in the section titled “Notes About Provider Types”.

Within Los Alamos County

Los Alamos Women's Health

3917 West Road, Suite 250, Los Alamos, NM 87544
505-661-9201 · www.losalamosmedicalcenter.com/locations/northern-new-mexico-womens-health-center
Delivery privileges at Los Alamos Medical Center

At the time of this update, the providers at Los Alamos Women's Health are “locum tenens” (temporary, traveling providers) OBGYNs. The locums are by contract only able to provide obstetric care to current obstetric patients of the clinic: the clinic is not accepting any new patients at this time, and no gynecology care is being provided to existing or new patients. The locums are available at the Los Alamos Medical Center for births and emergencies (for existing patients and anyone needing emergency obstetric care). Please call to confirm the current availability of services.

Beyond Los Alamos County

Breath of My Heart Birthplace

Jessica Frechette-Gutfreund, LM, CPM, IBCLC, Executive Director
Monica Larrea de Arellano, LM, CPM
Glenna Belin Marcus, LM
905 Calle Armada, Española, New Mexico 87532
505-753-0505 · www.breathofmyheart.org
Private practice with delivery privileges at Breath of My Heart Birthplace and in home settings



Care Providers and Birthplace Options for Los Alamos Families

Dar a Luz Birth & Health Center

Yelena Baras, CNM

Susan Moore Daniels, CNM

Abigail Lanin Eaves, CNM, Executive Director

Alisa Henning, CNM

Melanie Yanke, CNM, Clinical Director

Lauren Zielinski, CNM

7708 4th Street NW, Los Ranchos de Albuquerque, NM 87107

505-924-2229 · daraluzbirthcenter.org

Private group practice with delivery privileges at Dar a Luz Birth & Health Center

Family Tree Midwifery

Elizabeth Cassidy, LM, CPM

1919 5th Street, Suite L, Santa Fe, NM 87505

505-470-1690 · familytreemidwifery.org

Private practice with delivery privileges in home settings

Full Belly Birth Center

Sheri Raphaelson, LM

512 S Riverside Drive, Suite B, Española, NM 87532

505-927-3185 (phone) · 505-692-6042 (fax)

daisydog@newmexico.com · On Facebook · En Facebook (Español)

Private practice with delivery privileges in home settings; offers appointments in office and client's home

High Desert Naturopathic Care and Midwifery Services

Deborah Anderson Keller, ND, LM, CPM

404 C Brunn School Road, Santa Fe, NM 87505

505-670-9042 · www.naturecure.net

Private practice with delivery privileges in home settings



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Care Providers and Birthplace Options for Los Alamos Families

La Familia Medical Center

Family physician, ob/gyn physician, and nurse-midwife providers are available, see www.lafamiliasf.org/staff/category/medical-staff/

Several locations in Santa Fe, NM

505-982-4425 · www.lafamiliasf.org

Group practice with delivery privileges at Christus St. Vincent Regional Medical Center

Some providers may offer full-scope maternity care (including delivery) or limited-scope maternity care (may provide in-office prenatal and postpartum care only, no deliveries)

New Growth Midwifery

Tanja Bolle, LM, CPM

968 Alto Street, Santa Fe, NM 87501

505-992-7104 · info@newgrowthmidwifery.com · www.newgrowthmidwifery.com

Private practice with delivery privileges in home settings; all appointments in client's home

Presbyterian Medical Group Obstetrics and Gynecology at Española Hospital

Biatris Barrera, MD

Alice C Chavez, MD

Bethany Lynn Kolb, MD

Miguel Ramon Trujillo, MD

1010 Spruce Street, Española, New Mexico 87532

505-367-0340 · espanola-hospital.phs.org

Group practice with delivery privileges at Presbyterian Española Hospital

Presbyterian Medical Group Primary Care at Española Hospital

Jennifer L Shonk, DO

1010 Spruce Street, Española, New Mexico 87532

505-367-0340 · espanola-hospital.phs.org

Delivery privileges at Presbyterian Española Hospital



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Care Providers and Birthplace Options for Los Alamos Families

Presbyterian Medical Group Obstetrics and Gynecology in Santa Fe

D. William Brown, Jr, MD†

Danielle Duquette Bridge, MD, FACOG

Tushar P. Dandade, MD*

Samantha A Gallegos-Gollihugh, CNM*

Lori L McNeal, MD

4801 Beckner Road, Presbyterian Santa Fe Medical Center, Santa Fe, New Mexico 87505

505-772-2000 · santa-fe-medical-center.phs.org/Pages/default.aspx

Group practice with delivery privileges at Presbyterian Santa Fe Medical Center

**Providing care in the clinic only, not attending deliveries*

† Not currently accepting new patients

Santa Fe Birth Center

Rebecca Palak, LM, CPM

1315 S Saint Francis Dr, Santa Fe, NM 87505

505-780-5030 · santafebirthcenter@gmail.com · www.santafebirthcenter.com

Private practice with delivery privileges at Santa Fe Birth Center

Santa Fe Midwifery and Women's Health

Elena Stauss, LM, CPM

705A La Joya Street, Española, NM 87532

505-206-9594 · santafemidwifery@yahoo.com · www.santafemidwifery.com

Private practice with delivery privileges in home settings, Se habla español

Santa Fe Ob/Gyn

Maria Avellino, CNM*

Lynore Martinez, MD

405 Kiva Court, Santa Fe, NM 87505

505-988-4922 · www.santafeobgyn.com

Private practice with delivery privileges at Christus St. Vincent Regional Medical Center

**Providing care in the clinic only, not attending deliveries*

Sastun Family Medicine

Rita Dodge, MD

Katje Musgrave, MD

2019 Galisteo Street, Suite N9A, Santa Fe, New Mexico 87505

505-988-1930 · www.sastunfamilymed.com

Private practice with delivery privileges at Christus St. Vincent Regional Medical Center



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Care Providers and Birthplace Options for Los Alamos Families

White Shell Woman Home Birth Services

A service of the Changing Woman Initiative

Nicole Gonzalez, CNM

460 Saint Michaels Dr, Suite 804, Santa Fe, NM 87505

505-930-5641 · www.changingwomaninitiative.com/white-shell-woman-homebirth-services.html

Private practice with delivery privileges in home settings serving Native American, Alaska Native, and Indigenous women

Women's Care Specialists

Sheila Cepeda, MD, FACOG*

Maria Teresa Redondo Cladera, CNM, FNP-BC

Rachel Goodman, MD, FACOG

Dena Knight, CNM

Eric S Manske, MD, FACOG

Trisha Maxon, CNM

Brenda Neikirk, CNM, FNP-BC

Kimberly Perez, CNM

Mike Schultz, MD

Christina Ullibari, MD

2055 South Pacheco, Suite 300, Santa Fe, NM 87505

505-984-0303 · www.stvin.org/womens-care-specialists

Group practice with delivery privileges at Christus St. Vincent Regional Medical Center

**Providing care in the clinic only, not attending deliveries*



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Local Birthplace Options

Listed in here are facilities that provide care for birthing families including several, but not all, Albuquerque options.

Your Home

It's an option that may be worth considering for those experiencing a low-risk pregnancy. In New Mexico, birth care in the community setting is typically provided by LMs. Some midwives will also conduct all prenatal and postpartum care in your home, while others will invite you to receive much of that care in their clinic or office. A CNM or MD could legally provide home birth and care services, and some provide tandem prenatal and postpartum care, but home delivery with a CNM or physician as the primary care provider is currently not widely available.

Within Los Alamos County

Los Alamos Medical Center

3917 West Road, Los Alamos, NM 87544
505-662-4201 · www.losalamosmedicalcenter.com/our-services/mother-and-baby

At the time of this update, locum tenens OBGYNs (traveling, temporary doctors) are available for the care of existing patients of Los Alamos Women's Health and anyone requiring emergency obstetric care only

Beyond Los Alamos County

Breath of My Heart Birthplace

905 Calle Armada, Española, NM 87532
505-753-0505 · www.breathofmyheart.org

Christus St. Vincent Regional Medical Center

455 Saint Michaels Drive, Santa Fe, NM 87505
(505) 983-2222 · www.christushealth.org/st-vincent/services-treatments/birth-services

Dar a Luz Birth & Health Center

7708 4th Street NW, Los Ranchos de Albuquerque, NM 87107
505-924-2229 · www.daraluzbirthcenter.org



Care Providers and Birthplace Options for Los Alamos Families

Lovelace Women's Hospital

Labor and Delivery / Family Birthing Center
4701 Montgomery Boulevard NE, Albuquerque, NM 87109
505-727-7800 · www.lovelace.com/medical-services/labor-and-delivery
Labor of Love Program (Lovelace Birth Centers) 505-727-7600

Lovelace Westside Hospital

Labor and Delivery / Family Birthing Center
10501 Golf Course Road NW, Albuquerque, NM 87114
505-727-2000 · www.lovelace.com/medical-services/labor-and-delivery
Labor of Love Program (Lovelace Birth Centers) 505-727-7600

Natural Birth Midwifery, WADADA Midwifery Care, Anidar ABQ Midwifery

Connie Coshewa, LM, CPM, MPH (Natural Birth Midwifery)
Nandi Hill, LM, CPM (WADADA Midwifery Care)
Claire Bettler, CNM (Anidar ABQ Midwifery)
123 Wellesley SE, Albuquerque, NM 87106
505-266-5762 (Natural Birth Midwifery) · nandimidwife.wixsite.com · anidarabq.com
This facility is a midwifery clinic and a "home away from home"—clients of these three midwifery practices can utilize the space for births if needed

Presbyterian Española Hospital

1010 Spruce Street, Española, New Mexico 87532
505-367-0340 · espanola-hospital.phs.org

Presbyterian Santa Fe Medical Center

4801 Beckner Road, Santa Fe, New Mexico 87507
505-772-1234 · santa-fe-medical-center.phs.org/Pages/default.aspx

Santa Fe Birth Center

1315 S Saint Francis Dr, Santa Fe, NM 87505
505-780-5030 · santafebirthcenter@gmail.com · www.santafebirthcenter.com

University of New Mexico Hospital

Labor and Delivery / Family Birthing Center
2211 Lomas Boulevard NE, Albuquerque, NM 87106
505-272-2111 · hsc.unm.edu/health/patient-care/womens-health/maternity-care/index.html



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Acronym Glossary

Acronyms used in practitioner titles and certifications that appear in this resource list are provided in this Glossary.

CNM: Certified Nurse-Midwife

CNP: Certified Nurse Practitioner

CPM: Certified Professional Midwife

FACOG: Fellow of the American College of Obstetricians and Gynecologists (ACOG)

FNP-BC: Family Nurse Practitioner Board Certified: American Nurses Credentialing Center

IBCLC: International Board Certified Lactation Consultant

LM: Licensed Midwife

MD: Medical Doctor; includes physicians trained in obstetric, gynecology, and family practice specialties in this guide.

MPH: Earned the Master of Public Health degree

ND: Naturopathic Doctor



Notes About Provider Types

Midwives

Midwives are professionals who value the opportunity to provide continuous, highly individualized care for women in all stages of life. How a midwife practices the trade is influenced by their personal philosophy of care, the type of training received, the practice they work within, and the requirements of state law. All midwives in New Mexico are considered autonomous care providers and do not require a physician to oversee their practice. Midwives value and seek collaboration with physicians and other health professionals to ensure excellent care of their clients. Midwives in New Mexico are licensed and regulated by the New Mexico Department of Health (NMDOH) Maternal Health Program (MPH) to practice as a Certified Nurse-Midwife or Licensed Midwife. A Certified Nurse-Midwife in New Mexico is also regulated by the New Mexico Board of Nursing as an advanced practice nurse.

The **Certified Nurse-Midwife (CNM)** is an individual trained in both nursing and midwifery who has met the certification standards set by the American Midwifery Certification Board (AMCB) and are typically members of the American College of Nurse-Midwives (ACNM). They are advanced practice nurses who have at least earned a Master's degree in Nursing. The CNM is a nationally recognized credential. In New Mexico, CNMs have prescriptive privileges and can practice independently in home, birth center, and hospital settings, but are typically found in hospital-based settings. **Please note:** *Not all CNMs currently practicing in New Mexico provide birth care in their current practice setting, but may be providing prenatal, postpartum, and/or well woman/well person care in a limited-scope midwifery practice.*

The **Certified Professional Midwife (CPM)** is an individual trained in midwifery who has met the certification standards set by the North American Registry of Midwives (NARM). The CPM is an internationally recognized certification. A CPM in the US may choose to belong to the Midwives Alliance of North America (MANA) and the National Association of Certified Professional Midwives (NACPM) professional organizations. In New Mexico, CPMs must also be licensed as a Licensed Midwife to legally practice midwifery.

In New Mexico, the **Licensed Midwife (LM)** is an individual who has met the requirements and standards set forth by the NMDOH to practice midwifery. You can find licensed midwives who are licensed by the NMDOH practicing in community (home and birth center) settings, in other states in the US, and even internationally. LMs are authorized to carry and administer medications to support healthy birth outcomes and are trained to provide excellent care for healthy pregnancies and deliveries, as well as to appropriately care for emergencies that may come up. A New Mexico LM may also be certified as a CPM, but CPM certification is not required for licensure in New Mexico.



Care Providers and Birthplace Options for Los Alamos Families

Listings of midwives, both LMs and CNMs, providing care in New Mexico can be found via the:

- NM DOH Maternal Health Program, nmhealth.org/about/phd/fhb/mwp/
Information about midwifery in New Mexico and a link to the Roster of CNMs and LMs; does not include contact information for midwives
- New Mexico Midwives Association, www.newmexicomidwifery.org
Provides a listing of NMMA members only, with contact info
- New Mexico State Affiliate of American College of Nurse-Midwives, newmexico.midwife.org
Provides a "Find a Midwife" service; please remember that not all CNMs currently provide birth care

For more information about the different midwifery certifications and paths of midwifery education, see "What Is a Midwife?" (www.mana.org/about-midwives/what-is-a-midwife) from the Midwives' Alliance of North America.

Physicians

The physicians are medical doctors (MDs) or doctors of osteopathy (DOs) practicing in New Mexico and must be licensed by the New Mexico Medical Board or the Board of Osteopathic Medicine. The doctors listed in this resource guide represent physicians who are board certified obstetrician-gynecologists or family medicine physicians. Physicians practice medicine according to their personal philosophy of care and the training they received, as well as national practice guidelines, hospital policy and practice guidelines, and the requirements of state law.

Obstetricians are trained to provide care for all pregnant and birthing people, and receive specialty training to support higher risk pregnancy and birth and in surgical methods of delivery for vaginal (forceps and vacuum assisted) and abdominal (cesarean section) births. They may or may not be able to provide full continuity of care, depending on their practice setting and style, and do not generally have the responsibility of caring for the newborn beyond the immediate postpartum. Some obstetricians have sought further certification to become a Fellow of the American Congress of Obstetricians and Gynecologists (ACOG). For more information about the difference between a physician specializing in ob-gyn and a physician ob-gyn specialist who is also a FACOG, see "What does FACOG mean?", at www.acog.org/About_ACOG/What_Does_FACOG_Mean.

Family medicine doctors may be able to provide a greater continuity of care for their patients, including the newborn, who may be experiencing lower or higher risk pregnancy and birth. Training for a family practice physician includes prenatal, birth, postpartum, and newborn care. Family practice doctors are also able to pursue a further specialty in obstetrical care which would provide the ability to offer surgical deliveries, including by cesarean section.

You can search the New Mexico Medical Society's database for MD and DO members who provide maternity (obstetric) care at www.nmms.org/doctor-search.



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